Imaging in Obstetrics and Gynaecology

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Ultrasound in Obstetrics

- Since the mid 1960s diagnostic ultrasound has had a tremendous impact on obstetric management of many pregnant patients.
- However sonography of pregnant patients is not infallible – rising number of lawsuits involving obstetric ultrasound.
- No adverse bioeffects of Obs USG have been demonstrated but in some lab experiments bioeffects have been demonstrated at high intensities.

Common Indications of Obstetric Ultrasound

- Confirmation of intrauterine pregnancy and viability.
- Estimation of gestational age
- Evaluation of complicated early pregnancy.
- Diagnosis of ectopic pregnancy
- Detection of fetal anomalies.
- Guidance of amniocentesis, chorionic villous sampling, cordocentesis.
- Detection of placenta praevia, abruption.
- (Optimal time for a single routine ultrasound is between 18-20 weeks)

Types of Ultrasound examination in Obstetrics

Transvaginal sonography for early pregnancy

 Transabdominal Ultrasound for mid and late trimester pregnancy.

 Doppler evaluation of placental and fetal circulation.

Sonography-Intrauterine Gestation

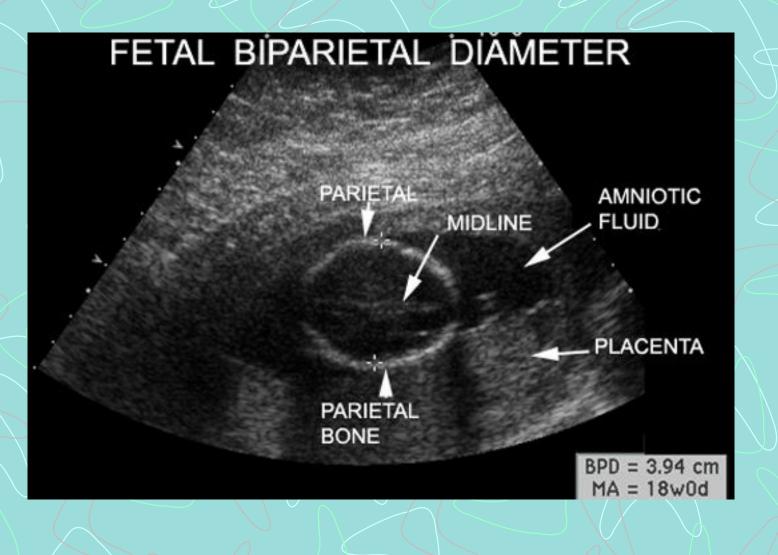


Applications of Sonography

In early intrauterine pregnancy TVS can detect An intrauterine gestational sac:4-5 weeks Presence of an embryo :5 weeks. Presence of fetal heart motion :6 weeks.

Crown Rump Length





Gestational Age-Femur length



Applications.....

Establishing Gestational age

Fetal crown-rump length-an excellent and accurate means to establish gestational age between 8-10 weeks. Fetal biparietal skull diameter (BPD) Fetal long bones (FL,etc.) Abdominal parameters : to establish the appropriateness of head-body proportionality. used as an approximation of fetal weight.

Fetal Anomalies

- Head- Anencephaly, Encephalocele, Hydrocephalus, Microcephaly.
- Neck- Cystic hygroma

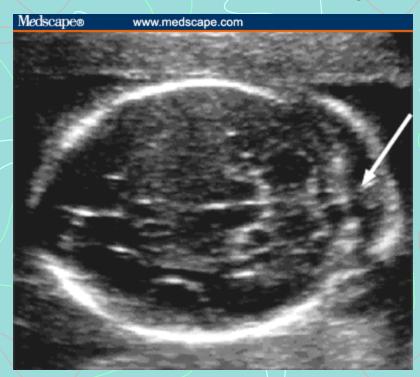


- Thorax-Cardiac abnormalites, pleural effusion, diaphragmmatic hernia, mediastinal tumors.
- Abdomen- Bowel atresia, omphalocele,gastroschisis.
- Retroperitoneum- Hydronephrosis, renal agenesis.
- Spine- Meningocele.
- Extremities-dwarfism, osteogenesis imperfecta.
- Down's Syndrome.



TAS in fetal anomalies

Pivotal role in patients with elevated triple screen(b-HCG, E2-estradiol, alpha fetoprotein)



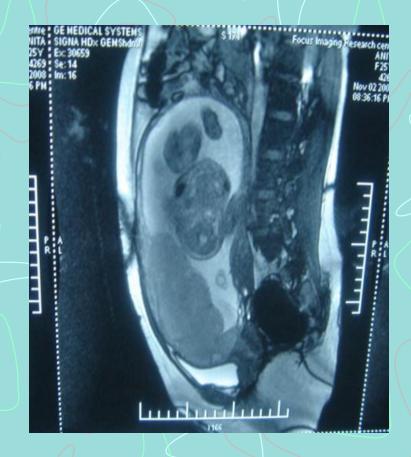
Doppler Sonography

To identify placental insufficiency in patients with suspected Intra Uterine Growth Retardation(IUGR): Abnormal systolic-diastolic ratio of uteroplacental vessels / and umbilical arteries may indicate a growth retarded fetus or one that is at risk of developing hypoxia.

US Guidance for Obstetric Intervention

- TAS has a useful role in guiding amniocentesis in an appropriate location, remote from the fetus or the placenta.
- To obtain chorionic villus samples for chromosomal analysis in patients at high risk for genetic disorders.
- Guidance for cordocentesis (percutaneous umbilical cord sampling in patients with Rh- incompatibility)

Placenta Praevia



PC& PNDT (Prohibition of Sex Selection)Act

- PNDT Act (Pre Natal Diagnostic Technique) came into force in 1996 and was amended in 2003.
- An offence under this law can lead to arrest without warrant and is non-bailable.
- Genetic Clinics, portable machines, CT Scan and MRI
- Cannot start work before registration and Validity is for 5 years.

PRE-NATAL SEX DETERMINATION (BOY OR GIRL BEFORE BIRTH) IS NOT DONE HERE.

IT IS A PUNISHABLE ACT

यहाँ पर प्रसव पूर्व लिंग (पैदा होने से पहले लड़का या लड़की) की पहचान नहीं की जाती। यह दण्डनीय अपराध है।

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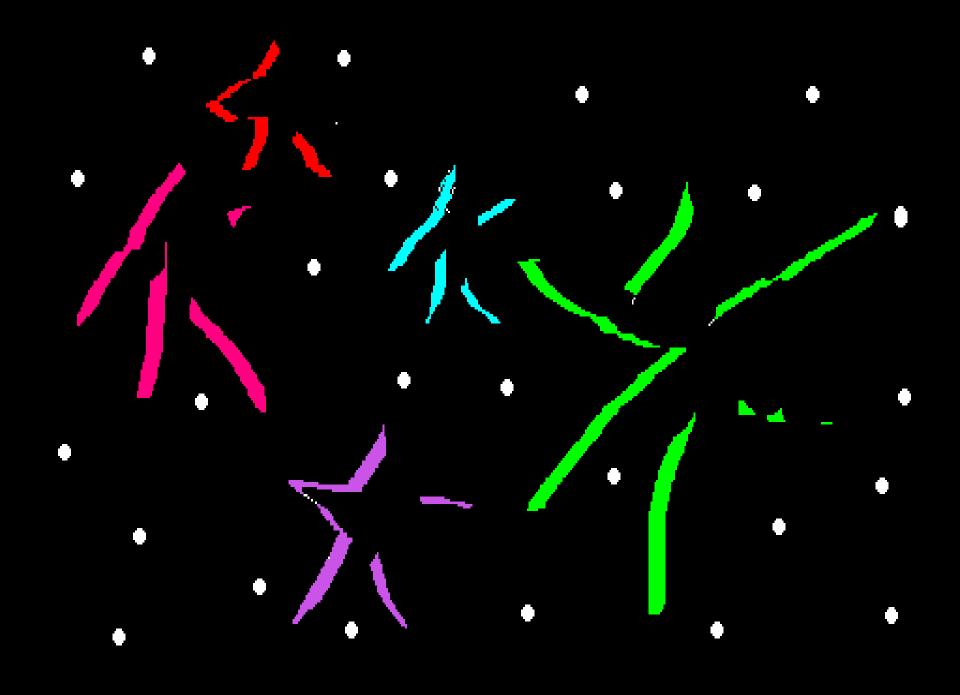
PC & PNDT Act

Code of Conduct

- Display board.
- Availability of copy of the act- waiting area/ sonography room.
- Display original certificate- waiting area/ sonography room.
- Use of authorized machine.
- Filling F form completely & signature of concerned sonologist.
- Authorized person performing sonography.
- Submission of report in time.



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Applications of Sonography in Gynaecology

- Evaluation of palpable pelvic masses (Ovarian, uterine, tubal, others)
- Unexplained uterine bleeding (Endometrial hyperplasia, endometrial carcinoma)
- Pelvic pain
- Early detection of ovarian cancer
- IUCD evaluation.
- Follicular monitoring/aspiration
- Ovulation induction, IVF, Embryo transfer-ET, Gamete Intra Fallopian transfer –GIFT)

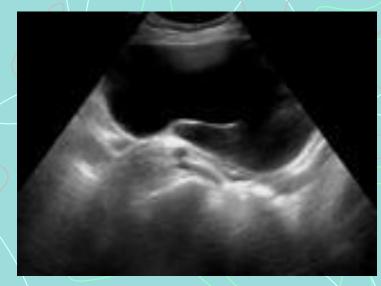
Role of imaging in Gynaecology

Sonography

- It is more important in Benign conditions.
- TVS is particularly helpful in <u>Obese</u> patients in whom adequate digital examination is not possible or abdominal USG cannot be definitive.
- TVS gives detailed evaluation of the endometrium.

Sonographic Pelvic mass Evaluation

- Location
- Consistency
- Benign or malignant
- (TVS allows detailed depiction of pelvic masses of <50mm in diameter. In large masses TAS is needed.)



Benign Ovarian Cyst

Computed Tomography

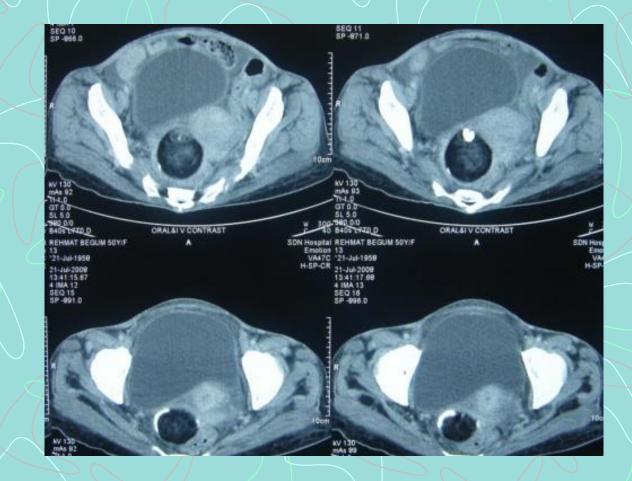
- CT is the most commonly used primary imaging modality for evaluating the extent of gynaecologic malignancy.
- CT has a limited role in characterising <u>early</u> stages of pelvic malignancy.
 - CT & MRI are more important than USG in *Staging* gynaecological neoplasms.
- CT guided biopsy can be used to confirm metastatic spread of disease.

Dermoid Cysts- Sonography





CT Scan- Dermoid Cyst



Magnetic Resonance Imaging

- Useful in evaluating Mullerian duct anomalies.
- Superior to CT in work-up of uterine and cervical cancers.
- May aid in the differentiation of radiation fibrosis from recurrent tumor.

Hysterosalpingography

- Radio-opaque contrast is instilled into the uterus and fallopian tubes.
- Performed ideally within 10 days of the first day of the menstrual cycle when the isthmus is most distensible.
- Catheters with balloon gently inflated in cervical canal or metal cannula (e.g. Leech Wilkinson) used.
- Contrast warmed to body temp; instilled slowly, steadily.

<u>HSG</u>....

- Air bubbles can occlude fallopian tubes and cause diagnostic difficulty.
- Cornual spasm can be differentiated from organic obstruction by smooth muscle relaxation induced by i.v. glucagon.
- Delayed radiographs may show persistence of opacification of tubes in case of hydrosalpinx.

HSG Contraindications

- Pregnancy
- Recent untreated pelvic infection
- Bleeding

Indications for HSG

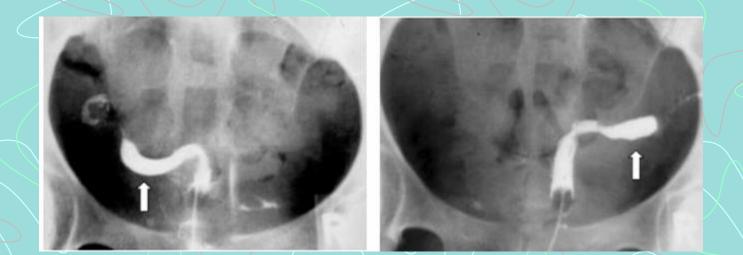
- Infertility- primary or secondary
- Recurrent abortions
- Congenital abnormalities
- Post uterine surgery e.g. adhesiolysis
- Post tubal surgery e.g.assessment of patency after sterilisation, reversal of sterilisation, reconstructive tubal surgery.

Complications of HSG

- Pain
- Vasovagal episode
- Bleeding
- Intravasation
- Infection
- Pregnancy irradiation
- Failure

Unicornuate uterus

 May be associated with failure of development of renal tract on opposite side Uterus Didelphys – Complete duplication of vagina, cervix and uterus.



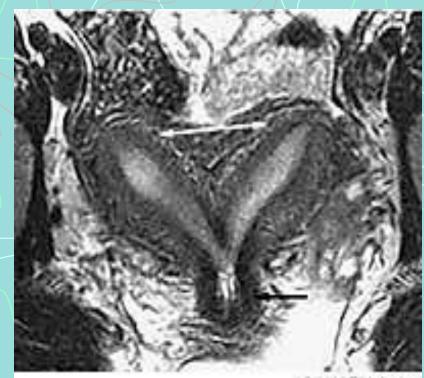
Other Congenital Uterine Abnormalities

- Uterus bicornis bicollis- a single vagina, two separate uterine horns each with its own cervix.
- Bicornuate uterus- uterus bicornis unicollis.MRI shows a dividing septum composed of myometrium.
- Septate uterus-higher complications as collagenous septum cannot support a pregnancy as well as myometrial septum of bicornuate ut.
- Arcuate uterus- (differential diagnosis: fundal fibroid.)

HSG-Uterus Bicornis Unicollis



MRI-Bicornuate Uterus



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Asherman's Syndrome

- Synaechiae or intrauterine adhesions were described by Asherman in 1950.
- HSG appearances are diagnostic.
- An irregular filling defect is present, cannot be obscured by contrast medium.
- Scarring may cause gross uterine distortion.

Asherman's Syndrome: HSG



Sonohysterosalpingography

- Instillation of fluid under US guidance into the endometrial lumen improve outlining of endometrial polyps or submucosal fibroids.
- Negative contrast (sterile saline) or positive
- contrast (Echovist) used.
- Outpatient procedure
- No exposure to radiation.
- Not equal in accuracy to conventional HSG or laproscopy.



Others...

- Intravenous Urography- locate position of ureters, demonstrate obstruction.CT/ MR provide similar & additional information.
- <u>Barium enema</u>- signs are not specific for bowel involvement by gynaecologic cancer.Can be useful if added to CT/MR.
- <u>Pelvic Arteriography</u>-Transcatheter embolisation of internal iliac artery as treatment of hemorrhage from advanced CA cervix.



Leiomyoma

- Most common uterine tumor; benign
- Found in 40% women in their reproductive years.
- May/be subserosal, intramural or submucosal.
- Treatment-

myomectomy;hysterectomy;transcatheter uterine arterial embolisation (UAE).

Leiomyoma-Ultrasound

- Uterus enlarged.
- Outline irregular or lobular.



- Well-marginated ,hypoechoic, round/oval mass within uterine body.
- Sometimes heterogeneous due to degeneration.
- Calcification causes acoustic shadowing.

Leiomyoma-HSG, USG



Leiomyoma -HSG



- Globular enlargement of uterine cavity
- Cornual obstruction



Large leiomyomas-crescentic or spindle-shaped elongation of the uterine cavity.

Leiomyoma-CT

- Soft tissue density similar to myometrium
- Degeneration may result in low attenuation.
- Contour deformity is the commonest sign,
- Calcification is the most specific finding of leiomyoma.

Leiomyoma-MRI

- Is indicated when US examination is indeterminate or limited.
- Useful in patients considered for myomectomy, allowing precise determination of the size, location and number of leiomyomas.
- Facilitates differentiation of a pedunculated leiomyoma from an adnexal mass.

Adenomyosis

- Is the presence of endometrial tissue within the myometrium and secondary smooth muscle hypertrophy-hyperplasia.
- Most frequent symptoms are dysmenorrhoea and dysfunctional uterine bleeding.
- US shows enlarged uterus with diffuse changes in echotexture.
- MRI shows a widened low intensity junctional zone > 12mm.

Endometrial Hyperplasia

The main objective of investigation is

exclude coexisting endometrial carcinoma
exclude coexisting Ovarian cancer.
the risk of progression to endometrial carcinoma.

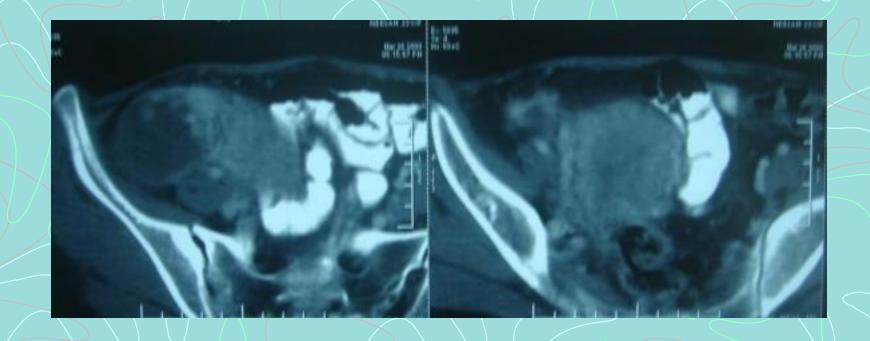
Cervical Incompetence

- Responsible for approx.15% second and third trimester abortions.
- US is investigation of choice for diagnosis.
- Cervical length<3 cms.
- Cervical width >2 cms.
- Bulging of membranes into the cervical canal.
- Widening of the internal os >4.0 mm.

Gestational Trophoblastic Disease

- Includes hydatidiform mole, invasive mole and choriocarcinoma.
- USG shows soft tissue mass with multiple small cystic spaces;Ovarian enlargement with bilateral multilocular theca lutein cysts.
- Role of imaging is to document metastatic disease at initial diagnosis or evaluate persistent disease.
- No specific imaging finding to differentiate complete mole from invasive mole or choriocarcinoma.

Choriocarcinoma



Metastases



Endometrial Carcinoma

TVS is superior to transabdominal USG for imaging endometrium.

- Seen as prominent thickened endometrium
- (>5mm in post menopausal females).
- Typically diagnosed at biopsy or D&C.
- Role of imaging is to evaluate the extent.
- Dynamic contrast-enhanced MRI offers a onestop pretreatment evaluation.

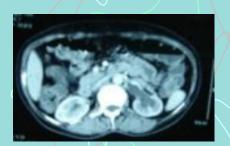
Carcinoma of the Cervix

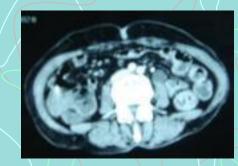
- Early CA Cx is difficult to detect with Transabdominal or transvaginal USG.
- More advanced cancer can be visualised with TVS.
- MRI is the best single imaging investigation.
- Superior to US and CT for delineation of primary tumor site, tumor dimensions and extent (parametrial invasion, nodal metastases).
- Contrast used in suspected advanced disease i.e. bladder or rectum involvement.

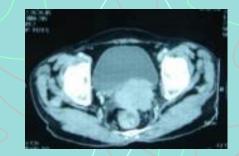
Carcinoma cervix- CT Scan



CT- Carcinoma Cervix with Hydroureteronephrosis





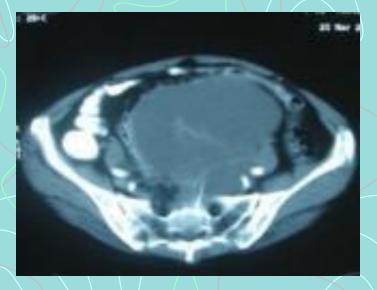


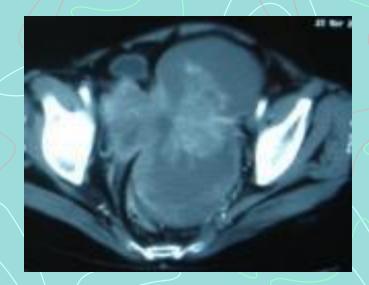


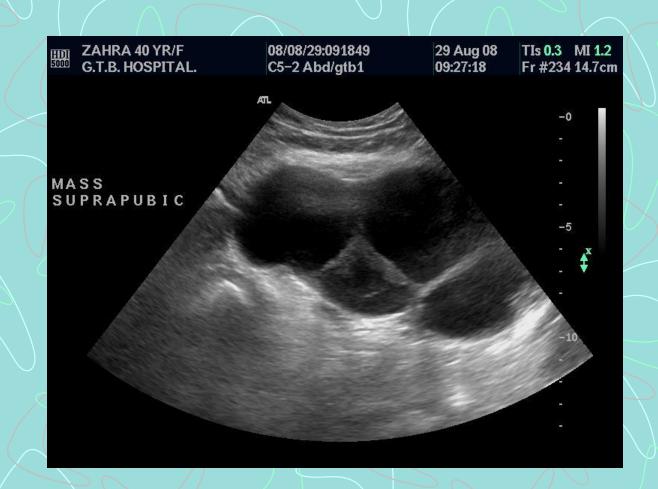
Ovarian carcinoma

- Disease of post-menopausal women and pre-pubescent girls.
- Adnexal mass>9 cm ,irregular walls,solid components,papillary projections, thick septations are suspicious of malignancy.
- Doppler shows neovascularity.
- Appearance of ovarian metastases (from stomach/ colon CA) is indistinguishable from a primary ovarian neoplasm.

CT scan- Ovarian Malignancy





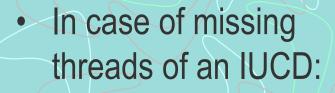


Intrauterine Contraceptive Device

- On USG-Produce a dense linear shadow in the sagittal plane of the uterine cavity
- TVS will be more accurate in identifying malposition of an IUCD and perforation of the myometrium.



Copper-T



 A plain radiograph will establish whether it has been expelled or lies in the pelvis.

Gynaecological Infertility

- TVS has an important role in the management of infertility related to gynaecological disorders.
- The success of in vitro fertilisation (IVF) has been partly due to the correct timing of ovulation and subsequent oocyte retrieval that US can provide:
- 1. Follicular Monitoring-depicting follicular development in patients who receive medication to induce ovulation.
- 2.Guided follicular aspiration-for oocyte retrieval, it is preferred over laproscopic technique.

Infertility....

- 3.TAS guided Embryo Transfer and transcervical cannulation of fallopian tube for Gamete Intra Fallopian tube Transfer (GIFT) procedure
- (MRI is valuable-it can diagnose leiomyomas, adenomyosis/and endometriosis with confidence- and should be part of the investigation in patients with persistent unexplained infertility awaiting costly procedures e.g GIFT and IVF.)

